

## APPETIZER - GRILLED PIZZAS

- Parmesan & Caramelized Onion** \$5.29  
Aged Parmesan, Caramelized Onion, Chopped Spinach, Olive Oil Drizzle  
**Recommended Bourbon Filet (+\$3.99)**
- Roasted Mushroom** \$5.49  
Wild Mushroom Cream Sauce, Blue Cheese Crumbles, Field Greens  
**Recommended Grilled Chicken (+\$2.29)**
- Margherita Style** \$5.29  
Tomato Reduction, Fresh Mozzarella, Basil, Olive Oil Drizzle  
**Recommended Blackened Shrimp (+\$3.99)**
- Mediterranean Style** \$5.49  
Feta Cheese, Olive Salad, Grilled Onions, Roasted Red Pepper, Balsamic Vinaigrette  
**Recommended Crispy Calamari (+\$3.99)**



Margherita Style Pizza

## BEVERAGES

From the Fountain, Iced Tea, Fresh Lemonade \$1.99  
Assorted Bottled Waters, Juices, Sodas \$1.99-\$3.99  
Selection Varies By Location

## WINES AND BEERS

We feature a wide variety of domestic and imported beers and wines. Please see cashier for selection and specials.

\* CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOOD BORNE ILLNESS.



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## DESSERTS

100% all natural ingredients made fresh. \$3.49

- Mini Mango Pie
- Mini Key Lime Pie
- Mini Chocolate Silk Pie
- Mini Lemon Pie
- Mini Peanut Butter Pie

**Lighter Dessert Snacks \$1.99**

- Fudge Brownie
- Cup Cake Of the Day
- Fresh Baked Cookie of the Day



Mini Chocolate Silk Pie

## CHEF SMALL BITE APPETIZERS

- Ale Laced Chicken Tenders (4)** \$2.99  
Honey Mustard Dressing
- Almond Crusted Seared Tuna** \$4.99  
Asian Slaw, Dijon Vinaigrette
- Chicken Skewers (2)** \$2.99  
Peanut Chili Sauce
- Blackened Lime Shrimp** \$4.99  
Asian Slaw, Blue Cheese Dressing
- Crispy Calamari** \$3.99  
Lemon Frites, Ginger Apricot Dressing
- Soup Flight** \$4.99  
Small Tasting of (5) Fresh Soups



Chef Small Bite - Tuna

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# Take Out, Dine In Menu



Guest Care Hotline  
770.594.8644

[www.freshTOorder.com](http://www.freshTOorder.com)

Midtown:  
Spire Building  
860 Peachtree Street  
Atlanta, Georgia 30308  
404-593-2333

Sandy Springs:  
6125 Roswell Road, # 300  
Atlanta, Georgia 30328  
404-567-8646

Cumberland Mall:  
1260 Cumberland Mall  
Atlanta, Georgia 30339  
678-564-1400

Buckhead:  
3344 Peachtree St., Suite 300  
Atlanta, GA. 30326  
404-503-9999

Chattanooga, TN:  
1919 Gun Barrel Road Suite 103  
Chattanooga, TN. 37421  
423-826-5000

John's Creek:  
10900 Medlock Bridge Road  
Duluth, Georgia 30097  
678-720-9333

## PANINI SANDWICHES

Delicious Hot Pressed Sandwiches on Whole Wheat Flat or Cibatta Bread. Served With Kettle Potato Crisps or Apples, Substitute Small f20 Baby Green Salad, House Salad, Caesar Salad or Soup For Only 1.49.

### Full Paninis

<b>Smokey Southwest Chicken</b>	<b>8.19</b>
Spicy Fire-Grilled Chicken, Two Cheeses, Crisp Tortillas, Lettuce, Southwest Ranch Dressing	
<b>Grilled Chicken BLT</b>	<b>8.09</b>
Fire-Grilled Chicken, Applewood-Smoked Bacon, Lettuce, Tomatoes, Sprouts, Avocado Aioli	
<b>Roasted Pork</b>	<b>7.99</b>
Shaved Brown Sugar Pork Loin, Caramelized Onions, Lettuce, Two Cheeses, Sweet Potato Aioli	
<b>House Turkey Club</b> 	<b>8.19</b>
House Roasted Turkey, Two Cheeses, Applewood Smoked Bacon, Lettuce, Tomatoes, Honey Mustard	
<b>Bourbon Filet*</b>	<b>8.59</b>
Savory Tender Steak, Roasted Peppers, Blue Cheese Crumbles, Caramelized Onions, Baby Greens, Horseradish Aioli	
<b>Grilled Salmon</b>	<b>8.59</b>
Bourbon Marinated Salmon, Avocado, Lettuce, Corn Cilantro Relish, Tarragon Aioli	
<b>Grilled Vegetable</b>	<b>7.99</b>
Grilled Zucchini, Grilled Onions, Olive Tapenade, Avocado, Grilled Squash, Feta Cheese, Balsamic Vinaigrette	
<b>Chicken Caesar</b>	<b>8.09</b>
Fire-Grilled Chicken, Avocado, Crisp Romaine, Tomatoes, Shaved Aged Parmesan Cheese, Savory Caesar Dressing	

### 1/2 Panini & 1/2 Soup or Salad\*\*

### Full Paninis

<b>Asian Chicken Crunch</b>	<b>7.59</b>	<b>7.39</b>
Almond Rosemary Crusted Chicken, Ginger Apricot Coleslaw, Cibatta Bread, Avocado Aioli		
<b>Tomato Mozzarella</b>	<b>7.49</b>	<b>7.39</b>
Fresh Mozzarella, Roasted Peppers, Basil, Tomatoes, Balsamic Vinaigrette		
<b>Crispy Tenderloins of Chicken</b>	<b>7.49</b>	<b>7.39</b>
Crispy Ale-Laced Chicken, Lettuce, Two Cheeses, Honey Mustard		
<b>F20 Tuna Salad Melt</b>	<b>7.39</b>	<b>7.39</b>
House Made Tuna Salad, Kalamata Tapenade, Two Cheeses, Lettuce, Cibatta Bread, Horseradish Aioli		
<b>Waldorf Chicken Salad</b>	<b>7.39</b>	<b>7.39</b>
Fire Grilled Chicken, Apples, Grapes, Cranberries, Raisins, Candied Walnuts, House Pickled Onions, Blue Cheese Crumbles, Lettuce, Cibatta Bread		

\*\* F20 Baby Greens, Caesar or House Salad Only. 1/2 Paninis Served on Cibatta Bread Only.

 = F20 Favorite

rev. 12.24.11

## ENTRÉE LONG PLATES

Add Small f20 Green Salad, House Salad, Caesar Salad or Soup To Any Entree Long Plate For 1.99.

### 3/4 Portion Full Paninis

<b>Brown Sugar Roasted Pork Loin</b>	<b>10.59</b>	<b>12.79</b>
Slow Roasted, Sweet Mashed Potatoes, Apricot Chutney		
<b>Almond Chicken Skewers</b>	<b>10.29</b>	<b>11.29</b>
Almond-Rosemary Crust, Sweet Mashed Potatoes, Twin Sauces		
<b>Grilled Salmon</b>	<b>10.59</b>	<b>12.99</b>
Black Bean Orange Sauce, Baby Greens, Roasted Corn Peanut Relish, Wheat Berry Rice		
<b>Crispy Tenderloins Of Chicken</b>	<b>9.99</b>	<b>10.99</b>
Crispy Ale-Laced Chicken, Garlic Mashed Potatoes, Honey Mustard		
<b>Bourbon Filet Steak*</b>	<b>10.59</b>	<b>12.99</b>
Balsamic Cabernet Reduction, Garlic Jack Grit Cake, Baby Greens		
<b>Fire-Grilled Chicken</b>	<b>9.99</b>	
Tender and Marinated, Wheat Berry Rice, Balsamic Cabernet Reduction		
<b>Calamari</b>	<b>9.99</b>	
Tender Calamari, Lemon Frites, Baby Greens, Wheat Berry Rice, Oriental Apricot Dressing		
<b>Chicken Wild Mushroom</b> 		<b>12.99</b>
Mushroom Cream Sauce, Garlic Mashed Potatoes		

### New Featured Item

<b>Tuna Burger</b>	<b>9.79</b>
Ginger Scallion Studded Tuna Burger, Horseradish Aioli, Asian Slaw, Baby Field Greens, Whole Wheat Flat	

### Additional Individual Sides

Garlic Mashed Potatoes	3.75
Grilled Vegetables	3.75
Sweet Mashed Potatoes	3.75
Roasted Corn Peanut Salad	3.75
Wheat Berry Rice	3.75
Macaroni & Cheese	3.75
Garlic Jack Grit Cake	3.75
Fruit Salad	3.75

### F20 KIDS 3.99 (12 and younger only)

\* includes beverage, carrots, lollipop

Macaroni & Cheese	
Chicken Finger Platter	
Macaroni & Cheese	
Organic Peanut Butter and Jelly	
Grilled Chicken Breast, Wheat Berry Rice	
Seared Salmon & Rice (+\$2.00)	
Grilled Filet Medallion, Garlic Mashed (+\$2.00)	
Kids Chicken Caesar	
Grilled Cheese Sandwich	



## SALADS

All Salads Include Choice Of Croissant Or Whole Wheat Flat Bread Balsamic Vinaigrette, Bleu Cheese, Honey Mustard, Oriental Apricot, Evo & Aged Balsamic, Fresh Lemon & Herbs, Horseradish Ranch, Raspberry Vinaigrette, Southwestern Ranch, Dijon Vinaigrette, Ranch, Caesar

### Full Salads

### 1/2 Salad & Soup

<b>Southwest</b>	<b>6.89</b>	<b>7.29</b>
Mixed Greens, Southwestern Ranch Dressing, Tomatoes, Cheese, Roasted Corn, Cranberries, Raisins, Tortilla Crisps		
<b>Market</b>	<b>6.89</b>	<b>7.29</b>
Baby Greens, Balsamic Vinaigrette Dressing, Mandarin Oranges, Candied Walnuts, Golden Raisins, Cranberries, Apples, Almonds		
<b>Caesar</b>	<b>6.59</b>	<b>7.19</b>
Crisp Romaine, Caesar Dressing, Shaved Aged Parmesan, Herb Croutons		
<b>Spinach</b>	<b>6.99</b>	<b>7.39</b>
Spinach, Raspberry Vinaigrette Dressing, Seasonal Fruit, Strawberries, Blue Cheese Crumbles, Golden Raisins, Almonds		
<b>Asian</b> 	<b>6.99</b>	<b>7.39</b>
Mixed Baby Greens, Dijon Vinaigrette Dressing, Candied Walnuts, Tomatoes, Sesame Seeds, Avocado, Pickled Ginger, Crispy Noodles, Mandarin Oranges, Mixed Nuts		
<b>Mediterranean</b>	<b>6.89</b>	<b>7.29</b>
Mixed Greens, Oriental Apricot Vinaigrette, Feta Cheese, Tomatoes, Olive Tapenade, Grilled Onions, Toasted Almonds, Fresh Herbs, Red Grapes		
<b>Club</b>	<b>6.99</b>	<b>7.39</b>
Mixed Greens, Honey Mustard Dressing, Toasted Almonds, Bacon, Tomatoes, Cucumbers, Avocados, Cheese, Golden Raisins, Cranberries		
<b>Chopped Wedge</b>	<b>6.79</b>	<b>7.29</b>
Crisp Iceberg Lettuce, Blue Cheese Dressing, Blue Cheese Crumbles, Bacon, Tomatoes, Scallions		
<b>Blue Cheese Fig Salad</b>	<b>6.89</b>	<b>7.29</b>
Baby Greens, Balsamic Vinaigrette, Golden Raisins, Dried Figs, Candied Walnuts, Blue Cheese Crumbles		

### Protein Toppings for Salads

Fire-Grilled Chicken Breast	2.29
Blackened Chicken Tenders	2.49
1/2 Blackened Chicken Tenders	1.29
Almond Crusted Chicken Skewers	2.99
Ale-Laced Chicken Tenders	2.29
Seared Tofu	2.29
1/2 Seared Tofu	1.29
Tender Crispy Calamari	3.99
Bourbon Grilled Salmon	3.99
Blackened Lime Shrimp	3.99
Almond Crusted Tuna*	4.89
Bourbon Filet	3.99