

panini sandwiches: Ciabatta or Whole Wheat Flat Bread

(1/2 Panini with 1/2 Soup or 1/2 Salad available, 1/2 and 1/2 on Ciabatta Only)

Smokey Southwest Chicken \$8.59
Spicy, Hand Pulled, Slow-Roasted Chicken Breast, Two Cheeses, Crisp Tortillas, Lettuce, Southwest Ranch Dressing

Waldorf Chicken Salad (1/2 & 1/2: \$8.10) \$7.79
Fire Grilled Chicken, Apples, Grapes, Cranberries, Raisins, Candied Walnuts, House Pickled Onions, Blue Cheese Crumbles, Lettuce

Asian Chicken Crunch (1/2 & 1/2: \$8.10) \$7.99
Almond Rosemary Crusted Chicken, Ginger Apricot Coleslaw, Avocado, Chili Peanut Aioli

Grilled Vegetable \$7.89
Grilled Zucchini, Grilled Onions, Olive Salad, Baby Greens, Avocado, Grilled Squash, Feta Cheese, Balsamic Vinaigrette

Grilled Salmon* \$8.99
Marinated Salmon, Avocado, Lettuce, Corn Cilantro Relish, Tarragon Aioli

Crispy Tenderloins of Chicken (1/2 & 1/2: \$8.10) \$7.79
Crispy Ale-Laced Chicken, Lettuce, Two Cheeses, Honey Mustard

Grilled Prime Steak* \$9.89
Savory Tender Steak, Roasted Peppers, Blue Cheese Crumbles, Caramelized Onions, Baby Greens, Horseradish Aioli

Grilled Chicken BLT \$8.69
Fire-Grilled Chicken, Avocado, Lettuce, Tomatoes, Sprouts, Bacon Aioli

Tomato Mozzarella (1/2 & 1/2: \$8.10) \$7.99
Ovolini Mozzarella, Roasted Peppers, Basil, Tomatoes, Nut-Less Pesto, Balsamic Vinaigrette

House Turkey Club \$8.69
House Roasted Turkey, Two Cheeses, Lettuce, Tomato, Bacon Honey Mustard

outside the box burgers:

Ciabatta or Whole Wheat Flat Bread

Black Bean Burger \$9.59
Black Beans, Rice, Avocado, House Pickled Jalapeños, Lettuce, Tomatoes, Corn Relish, Horseradish Aioli, Honey Mustard Sauce

Bison Burger* \$10.90
Grilled Bison Beef Burger, Baby Field Greens, Blue Cheese Crumbles, BBQ, Horseradish Aioli

Tuna Burger* \$9.79
Ginger Scallion Studded Tuna Burger, Asian Slaw, Baby Field Greens, Horseradish Aioli

Salmon Burger* \$10.90
Salmon Burger, Baby Field Greens, Roasted Corn Relish, Pickled Jalapeños & Onions, Avocado, Horseradish Aioli, Tomatoes

chef's small plates:

Ale Laced Chicken Tenders \$4.89
Honey Mustard & BBQ

Almond Crusted Seared Tuna* \$5.99
Asian Slaw, Dijon Vinaigrette

Coconut Curry Chicken \$7.49
Fresh Coconut Curry Sauce, Wheat Berry Rice, Roasted Corn Relish

Almond Chicken Skewers \$4.89
Peanut Chili Sauce, Asian Slaw

Grilled Salmon* \$8.29
Fresh Coconut Curry Sauce or Black Bean Orange Sauce, Roasted Corn Relish, Wheat Berry Rice

Blackened Lime Shrimp \$5.99
Asian Slaw, Ranch Dressing

Crispy Calamari \$5.49
Lemon Frites, Ginger Apricot Vinaigrette

Chicken Wild Mushroom \$7.49
Mushroom Cream Sauce, Garlic Mashed Potatoes

Seared Tofu \$5.49
Fresh Coconut Curry Sauce, Wheat Berry Rice, Roasted Corn Relish

****Select a 1/2 Soup OR Side Salad**
Soups: Tomato Bisque, Wild Mushroom, Lentil, Chicken Tortilla or Creamy Chicken Vegetable
Side Salads: F2O Baby Green, House or Caesar

chef inspired soups:

Made In-House Daily: 1/2 bowl: \$4.10 full bowl: \$4.99

Tomato Bisque (gluten free)

Wild Mushroom

Lentil (vegan, gluten free)

Chicken Tortilla

Creamy Chicken Vegetable

sweet treats:

Desserts: \$2.09

Fudge Brownie 27

Cup Cake of the Day

Fresh Baked Cookies

salads:

Southwest \$7.99
Mixed Greens, Tomatoes, Cheese, Roasted Corn, Golden Raisins, Tortilla Crisps, Southwest Ranch

Asian \$7.99 \$7.39
Mixed Baby Greens, Candied Walnuts, Tomatoes, Avocado, Sesame Seeds, Pickled Ginger, Mandarin Oranges, Szechuan Peanuts, Crispy Noodles, Dijon Vinaigrette

Market \$7.99 \$7.39
Mixed Baby Greens, Mandarin Oranges, Candied Walnuts, Golden Raisins, Apples, Toasted Almonds, Balsamic Vinaigrette

Caesar \$7.99 \$7.39
Crisp Romaine Blend, Aged Parmesan, Herb Croutons, Caesar Dressing

Mediterranean \$7.99 \$7.39
Mixed Greens, Feta Cheese, Tomatoes, Olive Salad, Grilled Onions, Toasted Almonds, Herbs, Red Grapes, Ginger Apricot Vinaigrette

Spinach \$7.99 \$7.39
Spinach, Seasonal Fruit, Strawberries, Toasted Almonds, Blue Cheese Crumbles, Cranberries, Raspberry Vinaigrette

Club \$7.99 \$7.39
Mixed Greens, Toasted Almonds, Bacon, Tomatoes, Cucumbers, Avocado, Cheese, Cranberries, Honey Mustard

protein add ons for salad:

Ale-Laced Chicken Tenders	\$2.59	Tender Crispy Calamari	\$3.89
Seared Tofu	\$2.59	Grilled Salmon*	\$4.09
Fire-Grilled Chicken Breast	\$2.59	Blackened Lime Shrimp	\$4.89
Blackened Chicken Tenders	\$2.69	Almond Crusted Tuna*	\$4.89
Almond Crusted Chicken Skewers	\$2.99	Grilled Prime Steak*	\$4.89

entrée long plates:

Grilled Salmon* (3/4 portion: \$11.09) \$13.39
Black Bean Orange Sauce, Baby Greens, Roasted Corn Relish, Wheat Berry Rice, Baby Greens

Crispy Tenderloins Of Chicken (3/4 portion: \$9.89) \$11.29
Crispy Ale-Laced Chicken, Garlic Mashed Potatoes, Honey Mustard & BBQ

Almond Chicken Skewers (3/4 portion: \$10.89) \$11.69
Almond-Rosemary Crust, Sweet Mashed Potatoes, Asian Slaw, Twin Sauces

Coconut Curry Salmon* (3/4 portion: \$11.09) \$13.39
Fresh Coconut Curry Sauce, Roasted Corn Relish, Wheat Berry Rice, Baby Greens

Grilled Prime Steak Medallion* \$14.39
Balsamic Cabernet Reduction, Garlic Jack Grit Cake, Baby Greens

Fire-Grilled Chicken \$10.49
Tender and Marinated, Wheat Berry Rice, Balsamic Cabernet Reduction, Baby Greens

Calamari \$10.49
Tender Calamari, Lemon Frites, Asian Slaw, Wheat Berry Rice, Ginger Apricot Vinaigrette

Coconut Curry Chicken \$11.49
Fresh Coconut Curry Sauce, Tender Fire Grilled Chicken, Roasted Corn Relish, Wheat Berry Rice, Baby Greens

Chicken Wild Mushroom \$13.39
Mushroom Cream Sauce, Garlic Mashed Potatoes, Roasted Mushrooms

Wild Mushroom Prime Steak Medallion* \$14.39
Mushroom Cream Sauce, Baby Greens, Garlic Mashed Potatoes, Roasted Mushrooms, Baby Greens

premium sides: \$3.89

Garlic Mashed Potatoes	Macaroni & Cheese
Wheat Berry Rice	Garlic Jack Grit Cake
Grilled Vegetables	Roasted Corn Nut Salad
Fruit Salad	Sweet Mashed Potatoes

kids: 12 & younger only please, served with choice of chips, apples or carrots. Premium sides available at an additional charge.

Macaroni & Cheese	\$3.99
Chicken Tender Platter, Honey Mustard & BBQ	\$3.99
Kids Caesar Salad, Grilled Chicken	\$3.99
Grilled Chicken Breast, Baby Greens	\$4.99
Coconut Curry Chicken, Baby Greens	\$4.99
Seared Salmon*, Baby Greens	\$5.99
Grilled Steak*, Baby Greens	\$5.99