

**8540 Castleton Corner Drive
Indianapolis, IN 46250
317-207-4242**

panini sandwiches: Ciabatta or Whole Wheat Flat Bread

(1/2 Panini with 1/2 Soup or 1/2 Salad available, 1/2 and 1/2 on Ciabatta Only)

Smokey Southwest Chicken \$8.9

Spicy, Hand-Pulled, Slow-Roasted Chicken Breast, Two Cheeses, Crisp Tortillas, Lettuce, Southwest Ranch Dressing

Waldorf Chicken Salad (1/2 & 1/2: \$8.6) \$7.9

Fire Grilled Chicken, Apples, Grapes, Cranberries, Raisins, Candied Walnuts, House Pickled Onions, Blue Cheese Crumbles, Lettuce

Asian Chicken Crunch (1/2 & 1/2: \$8.6) \$8.3

Almond Rosemary Crusted Chicken, Ginger Apricot Coleslaw, Avocado, Chili Peanut Aioli

Grilled Vegetable \$7.9

Grilled Zucchini, Grilled Onions, Olive Salad, Baby Greens, Avocado, Grilled Squash, Feta Cheese, Balsamic Vinaigrette

Grilled Salmon* \$9.8

Marinated Salmon, Avocado, Lettuce, Corn Cilantro Relish, Tarragon Aioli

Crispy Tenderloins of Chicken(1/2 & 1/2: \$8.6) \$7.9

Crispy Ale-Laced Chicken, Lettuce, Two Cheeses, Honey Mustard

Grilled Prime Steak* \$9.9

Savory Tender Steak, Roasted Peppers, Blue Cheese Crumbles, Caramelized Onions, Baby Greens, Horseradish Aioli

Grilled Chicken BLT \$8.9

Fire-Grilled Chicken, Avocado, Lettuce, Tomatoes, Sprouts, Bacon Aioli

Tomato Mozzarella (1/2 & 1/2: \$8.6) \$8.3

Ovolini Mozzarella, Roasted Peppers, Basil, Tomatoes, Nut-Less Pesto, Balsamic Vinaigrette

House Turkey Club \$8.9

House Roasted Turkey, Two Cheeses, Lettuce, Tomato, Bacon Honey Mustard

outside the box burgers:

Ciabatta or Whole Wheat Flat Bread

Black Bean Burger \$9.9

Black Beans, Rice, Avocado, House Pickled Jalapeños, Lettuce, Tomatoes, Corn Relish, Horseradish Aioli, Honey Mustard Sauce

Bison Burger* \$10.9

Grilled Bison Beef Burger, Baby Field Greens, Blue Cheese Crumbles, BBQ, Horseradish Aioli

Tuna Burger* \$9.9

Ginger Scallion Studded Tuna Burger, Asian Slaw, Baby Field Greens, Horseradish Aioli

Salmon Burger* \$10.9

Salmon Burger, Baby Field Greens, Roasted Corn Relish, Pickled Jalapeños & Onions, Avocado, Horseradish Aioli, Tomatoes

chef's small plates:

Ale Laced Chicken Tenders \$5.5

Honey Mustard & BBQ

Almond Crusted Seared Tuna* \$6.5

Asian Slaw, Dijon Vinaigrette

Coconut Curry Chicken \$7.5

Fresh Coconut Curry Sauce, Wheat Berry Rice, Roasted Corn Relish

Almond Chicken Skewers \$5.5

Peanut Chili Sauce, Asian Slaw

Grilled Salmon* \$8.5

Fresh Coconut Curry Sauce or Black Bean Orange Sauce, Roasted Corn Relish, Wheat Berry Rice

Blackened Lime Shrimp \$6.5

Asian Slaw, Ranch Dressing

Crispy Calamari \$6.5

Lemon Frites, Ginger Apricot Vinaigrette

Chicken Wild Mushroom \$7.5

Mushroom Cream Sauce, Garlic Mashed Potatoes

Seared Tofu \$5.5

Fresh Coconut Curry Sauce, Wheat Berry Rice, Roasted Corn Relish

plate & 1/2 soup or a side salad**

\$7.5

\$8.5

\$9.5

\$7.5

\$10.5

\$8.5

\$8.5

\$9.5

\$7.5

****Select a 1/2 Soup OR Side Salad**

Soups: Tomato Bisque, Wild Mushroom, Lentil, Chicken Tortilla or Creamy Chicken Vegetable
Side Salads: F2O Baby Green, House or Caesar

chef inspired soups:

Made In-House Daily: 1/2 bowl: \$4.2 full bowl: \$5.1

Tomato Bisque (gluten free)

Wild Mushroom

Lentil (vegan, gluten free)

Chicken Tortilla

Creamy Chicken Vegetable

sweet treats:

Desserts: \$1.83

Fudge Brownie 27

Cup Cake of the Day

Fresh Baked Cookies

salads:

1/2 salad &

1/2 soup

full salad

Southwest

Mixed Greens, Tomatoes, Cheese, Roasted Corn, Golden Raisins, Tortilla Crisps, Southwest Ranch

Asian

Mixed Baby Greens, Candied Walnuts, Tomatoes, Avocado, Sesame Seeds, Pickled Ginger, Mandarin Oranges, Szechuan Peanuts, Crispy Noodles, Dijon Vinaigrette

Market

Mixed Baby Greens, Mandarin Oranges, Candied Walnuts, Golden Raisins, Apples, Toasted Almonds, Balsamic Vinaigrette

Caesar

Crisp Romaine Blend, Aged Parmesan, Herb Croutons, Caesar Dressing

Mediterranean

Mixed Greens, Feta Cheese, Tomatoes, Olive Salad, Grilled Onions, Toasted Almonds, Herbs, Red Grapes, Ginger Apricot Vinaigrette

Spinach

Spinach, Seasonal Fruit, Strawberries, Toasted Almonds, Blue Cheese Crumbles, Cranberries, Raspberry Vinaigrette

Club

Mixed Greens, Toasted Almonds, Bacon, Tomatoes, Cucumbers, Avocado, Cheese, Cranberries, Honey Mustard

protein add ons for salad:

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|--------------------------------|-------|------------------------|-------|
| Blackened Chicken Tenders | \$2.7 | Tender Crispy Calamari | \$4.1 |
| Ale-Laced Chicken Tenders | \$2.7 | Grilled Salmon* | \$4.1 |
| Seared Tofu | \$2.7 | Blackened Lime Shrimp | \$4.9 |
| Fire-Grilled Chicken Breast | \$2.7 | Almond Crusted Tuna* | \$4.9 |
| Almond Crusted Chicken Skewers | \$3.0 | Grilled Prime Steak* | \$4.9 |

entrée long plates:

Grilled Salmon* (3/4 portion: \$11.9) \$14.3

Black Bean Orange Sauce, Baby Greens, Roasted Corn Relish, Wheat Berry Rice, Baby Greens

Crispy Tenderloins Of Chicken (3/4 portion: \$9.9) \$11.8

Crispy Ale-Laced Chicken, Garlic Mashed Potatoes, Honey Mustard & BBQ

Almond Chicken Skewers (3/4 portion: \$10.9) \$11.9

Almond-Rosemary Crust, Sweet Mashed Potatoes, Asian Slaw, Twin Sauces

Coconut Curry Salmon* (3/4 portion: \$11.9) \$14.3

Fresh Coconut Curry Sauce, Roasted Corn Relish, Wheat Berry Rice, Baby Greens

Grilled Prime Steak Medallion* \$14.9

Balsamic Cabernet Reduction, Garlic Jack Grit Cake, Baby Greens

Fire-Grilled Chicken \$11.5

Tender and Marinated, Wheat Berry Rice, Balsamic Cabernet Reduction, Baby Greens

Calamari \$11.5

Tender Calamari, Lemon Frites, Asian Slaw, Wheat Berry Rice, Ginger Apricot Vinaigrette

Coconut Curry Chicken \$11.5

Fresh Coconut Curry Sauce, Tender Fire Grilled Chicken, Roasted Corn Relish, Wheat Berry Rice, Baby Greens

Chicken Wild Mushroom \$13.6

Mushroom Cream Sauce, Garlic Mashed Potatoes, Roasted Mushrooms

Wild Mushroom Prime Steak Medallion* \$14.9

Mushroom Cream Sauce, Baby Greens, Garlic Mashed Potatoes, Roasted Mushrooms, Baby Greens

premium sides: \$3.9

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| Garlic Mashed Potatoes | Macaroni & Cheese |
| Wheat Berry Rice | Garlic Jack Grit Cake |
| Grilled Vegetables | Roasted Corn Nut Salad |
| Fruit Salad | Sweet Mashed Potatoes |

kids: 12 & younger only please, served with choice of chips, apples or carrots. Premium sides available at an additional charge.

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| Macaroni & Cheese | \$4.5 |
| Chicken Tender Platter, Honey Mustard & BBQ | \$4.5 |
| Kids Caesar Salad, Grilled Chicken | \$4.5 |
| Grilled Chicken Breast, Baby Greens | \$5.5 |
| Coconut Curry Chicken, Baby Greens | \$5.5 |
| Seared Salmon*, Baby Greens | \$6.5 |
| Grilled Steak*, Baby Greens | \$6.5 |