

**panini sandwiches:** Ciabatta or Whole Wheat Flat Bread

(1/2 Panini with 1/2 Soup or 1/2 Salad available, 1/2 and 1/2 on Ciabatta Only)

**Smokey Southwest Chicken** \$8.9

Spicy Fire-Grilled Chicken, Two Cheeses, Crisp Tortillas, Lettuce, Southwest Ranch Dressing

**Waldorf Chicken Salad** (1/2 & 1/2: \$8.6) \$7.9

Fire Grilled Chicken, Apples, Grapes, Cranberries, Raisins, Candied Walnuts, House Pickled Onions, Blue Cheese Crumbles, Lettuce

**Asian Chicken Crunch** (1/2 & 1/2: \$8.6) \$8.3

Almond Rosemary Crusted Chicken, Ginger Apricot Coleslaw, Avocado, Chili Peanut Aioli

**Grilled Vegetable** \$7.9

Grilled Zucchini, Grilled Onions, Olive Salad, Baby Greens, Avocado, Grilled Squash, Feta Cheese, Balsamic Vinaigrette

**Grilled Salmon\*** \$9.8

Marinated Salmon, Avocado, Lettuce, Corn Cilantro Relish, Tarragon Aioli

**Crispy Tenderloins of Chicken** (1/2 & 1/2: \$8.6) \$7.9

Crispy Ale-Laced Chicken, Lettuce, Two Cheeses, Honey Mustard

**Grilled Prime Steak\*** \$9.9

Savory Tender Steak, Roasted Peppers, Blue Cheese Crumbles, Caramelized Onions, Baby Greens, Horseradish Aioli

**Grilled Chicken BLT** \$8.9

Fire-Grilled Chicken, Avocado, Lettuce, Tomatoes, Sprouts, Bacon Aioli

**Tomato Mozzarella** (1/2 & 1/2: \$8.6) \$8.3

Ovolini Mozzarella, Roasted Peppers, Basil, Tomatoes, Nut-Less Pesto, Balsamic Vinaigrette

**House Turkey Club** \$8.9

House Roasted Turkey, Two Cheeses, Lettuce, Tomato, Bacon Honey Mustard

**outside the box burgers:**

Ciabatta or Whole Wheat Flat Bread

**Black Bean Burger** \$9.9

Black Beans, Rice, Avocado, House Pickled Jalapeños, Lettuce, Tomatoes, Corn Relish, Horseradish Aioli, Honey Mustard Sauce

**Bison Burger\*** \$10.9

Grilled Bison Beef Burger, Baby Field Greens, Blue Cheese Crumbles, BBQ, Horseradish Aioli

**Tuna Burger\*** \$9.9

Ginger Scallion Studded Tuna Burger, Asian Slaw, Baby Field Greens, Horseradish Aioli

**Salmon Burger\*** \$10.9

Salmon Burger, Baby Field Greens, Roasted Corn Relish, Pickled Jalapeños & Onions, Avocado, Horseradish Aioli, Tomatoes

**chef's small plates:**

	plate	plate & 1/2 soup or a side salad**
<b>Ale Laced Chicken Tenders</b>	\$5.5	\$7.5
Honey Mustard & BBQ		
<b>Almond Crusted Seared Tuna*</b>	\$6.5	\$8.5
Asian Slaw, Dijon Vinaigrette		
<b>Coconut Curry Chicken</b>	\$7.5	\$9.5
Fresh Coconut Curry Sauce, Wheat Berry Rice, Roasted Corn Relish		
<b>Almond Chicken Skewers</b>	\$5.5	\$7.5
Peanut Chili Sauce, Asian Slaw		
<b>Grilled Salmon*</b>	\$8.5	\$10.5
Fresh Coconut Curry Sauce or Black Bean Orange Sauce, Roasted Corn Relish, Wheat Berry Rice		
<b>Blackened Lime Shrimp</b>	\$6.5	\$8.5
Asian Slaw, Ranch Dressing		
<b>Crispy Calamari</b>	\$6.5	\$8.5
Lemon Frites, Ginger Apricot Vinaigrette		
<b>Chicken Wild Mushroom</b>	\$7.5	\$9.5
Mushroom Cream Sauce, Garlic Mashed Potatoes		
<b>Seared Tofu</b> 🍌	\$5.5	\$7.5
Fresh Coconut Curry Sauce, Wheat Berry Rice, Roasted Corn Relish		

\*\*Select a 1/2 Soup OR Side Salad

Soups: Tomato Bisque, Wild Mushroom, Lentil, Chicken Tortilla or Creamy Chicken Vegetable  
Side Salads: F2O Baby Green, House or Caesar

**chef inspired soups:**

**Made In-House Daily:** 1/2 bowl: \$4.2 full bowl: \$5.1

Tomato Bisque (gluten free) 🍌

Wild Mushroom 🍌

Lentil (vegan, gluten free)

Chicken Tortilla

Creamy Chicken Vegetable

**sweet treats:**

**Desserts:** \$2.1

Fudge Brownie 27

Cup Cake of the Day

Fresh Baked Cookies

**salads:**

1/2 salad &

1/2 soup

full salad

**Southwest** \$8.3 \$7.9

Mixed Greens, Tomatoes, Cheese, Roasted Corn, Golden Raisins, Tortilla Crisps, Southwest Ranch

**Asian** \$8.3 \$7.9

Mixed Baby Greens, Candied Walnuts, Tomatoes, Avocado, Sesame Seeds, Pickled Ginger, Mandarin Oranges, Szechuan Peanuts, Crispy Noodles, Dijon Vinaigrette

**Market** \$8.3 \$7.9

Mixed Baby Greens, Mandarin Oranges, Candied Walnuts, Golden Raisins, Apples, Toasted Almonds, Balsamic Vinaigrette

**Caesar** \$8.3 \$7.9

Crisp Romaine Blend, Aged Parmesan, Herb Croutons, Caesar Dressing

**Mediterranean** \$8.3 \$7.9

Mixed Greens, Feta Cheese, Tomatoes, Olive Salad, Grilled Onions, Toasted Almonds, Herbs, Red Grapes, Ginger Apricot Vinaigrette

**Spinach** \$8.3 \$7.9

Spinach, Seasonal Fruit, Strawberries, Toasted Almonds, Blue Cheese Crumbles, Cranberries, Raspberry Vinaigrette

**Club** \$8.3 \$7.9

Mixed Greens, Toasted Almonds, Bacon, Tomatoes, Cucumbers, Avocado, Cheese, Cranberries, Honey Mustard

**protein add ons for salad:**

Blackened Chicken Tenders	\$2.7	Tender Crispy Calamari	\$3.9
Ale-Laced Chicken Tenders	\$2.7	Grilled Salmon*	\$4.1
Seared Tofu 🍌	\$2.7	Blackened Lime Shrimp	\$4.9
Fire-Grilled Chicken Breast	\$2.7	Almond Crusted Tuna*	\$4.9
Almond Crusted Chicken Skewers	\$3.0	Grilled Prime Steak*	\$4.9

**entrée long plates:**

**Grilled Salmon\*** \$14.3

Black Bean Orange Sauce, Baby Greens, Roasted Corn Relish, Wheat Berry Rice, Baby Greens

**Crispy Tenderloins Of Chicken** \$11.8

Crispy Ale-Laced Chicken, Garlic Mashed Potatoes, Honey Mustard & BBQ

**Almond Chicken Skewers** \$11.9

Almond-Rosemary Crust, Sweet Mashed Potatoes, Asian Slaw, Twin Sauces

**Coconut Curry Salmon\*** \$14.3

Fresh Coconut Curry Sauce, Roasted Corn Relish, Wheat Berry Rice, Baby Greens

**Grilled Prime Steak Medallion\*** \$14.9

Balsamic Cabernet Reduction, Garlic Jack Grit Cake, Baby Greens

**Fire-Grilled Chicken** \$11.5

Tender and Marinated, Wheat Berry Rice, Balsamic Cabernet Reduction, Baby Greens

**Calamari** \$11.5

Tender Calamari, Lemon Frites, Asian Slaw, Wheat Berry Rice, Ginger Apricot Vinaigrette

**Coconut Curry Chicken** \$11.5

Fresh Coconut Curry Sauce, Tender Fire Grilled Chicken, Roasted Corn Relish, Wheat Berry Rice, Baby Greens

**Chicken Wild Mushroom** \$13.6

Mushroom Cream Sauce, Garlic Mashed Potatoes, Roasted Mushrooms

**Wild Mushroom Prime Steak Medallion\*** \$14.9

Mushroom Cream Sauce, Baby Greens, Garlic Mashed Potatoes, Roasted Mushrooms, Baby Greens

**premium sides: \$3.9**

Garlic Mashed Potatoes	Macaroni & Cheese
Wheat Berry Rice	Garlic Jack Grit Cake
Grilled Vegetables	Rosted Corn Nut Salad
Fruit Salad	Sweet Mashed Potatoes

**kids: 12 & younger only please, served with choice of chips, apples or carrots. Premium sides available at an additional charge.**

Macaroni & Cheese	\$4.5
Chicken Tender Platter, Honey Mustard & BBQ	\$4.5
Kids Caesar Salad, Grilled Chicken	\$4.5
Grilled Chicken Breast, Baby Greens	\$5.5
Coconut Curry Chicken, Baby Greens	\$5.5
Seared Salmon*, Baby Greens	\$6.5
Grilled Steak*, Baby Greens	\$6.5