

ENTREES & PLATTERS

Platters & Skewers:

Almond Rosemary Crusted Tuna	\$5.0
Crispy Ale-Laced Chicken Tenders	\$3.8
Fire-Grilled Chicken Breast	\$3.5
Blackened Lime Shrimp with Asian Slaw	\$6.5
Grilled Salmon	\$5.0
Grilled Prime Steak	\$5.0
Seared Tofu	\$4.0
Almond Rosemary Chicken Skewers	\$3.8

Individual Entrées:

Grilled Salmon*	\$14.5
Fresh Coconut Curry Sauce or Black Bean Orange Sauce, Roasted Corn Relish, Wheat Berry Rice, Baby Greens	
Crispy Tenderloins Of Chicken	\$11.9
Crispy Ale-Laced Chicken, Garlic Mashed Potatoes, Honey Mustard & BBQ	
Almond Chicken Skewers	\$11.9
Almond-Rosemary Crust, Sweet Mashed Potatoes, Asian Slaw, Twin Sauces	
Chicken, Fire-Grilled	\$11.8
Wheat Berry Rice, Cabernet Reduction or Fresh Mushroom Cream Sauce or Coconut Curry Sauce w/ Roasted Corn Relish	
Calamari	\$11.8
Tender Calamari, Lemon Frites, Asian Slaw, Wheat Berry Rice, Ginger Apricot Vinaigrette	
Prime Steak Medallion*	\$14.9
Balsamic Cabernet Reduction or Mushroom Cream Sauce, Garlic Mashed Potatoes, Roasted Mushrooms, Baby Greens	

Premium Sides: \$3.9 per person

Garlic Mashed Potatoes	Fresh To Order Potato Salad Bowl
Sweet Mashed Potatoes	Seasonal \$27
Macaroni & Cheese	Fresh To Order Pasta Salad Bowl
Wheat Berry Rice	Seasonal \$27
Vegetable of the Day	
Fruit Salad	
Roasted Corn Nut Salad	

Desserts:

Cookies and Brownies:	\$2.1 each	Dozen: \$22
Cupcakes:	\$2.3 each	Dozen: \$25
Chocolate Covered Strawberries:		Dozen: \$17.9

*Per FDA regulations consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have a medical condition. Please let us know of any food allergy or special dietary needs.

GF gluten free menu*

salads:

Asian (Request No Noodles)
Club
Market
Southwestern
Spinach
Mediterranean

dressings:

EVO & Aged Balsamic, Honey Mustard, Balsamic Vinaigrette, Ranch

proteins:(seasoned with salt & pepper, request no sauce)

Tofu (Request No Dressing)
Un-Marinated Grilled Chicken Tenders
Un-Marinated Salmon
Un-Crusted Grilled Tuna Steak

sides:

Garlic Mashed Potatoes
Grilled Vegetables
Sweet Mashed Potatoes
Kettle Chips
Carrots
Apple Slices
Peanut Corn Salad
Fruit Salad

entrees:(seasoned with salt & pepper, request no sauce)

Salmon Entree
Un-Marinated Grilled Chicken Breast

soup:

Lentil Soup (Vegan Too!!)

*While we offer gluten-friendly menu options, we are not a gluten-free kitchen. Cross-contamination may occur. Our restaurant is unable to guarantee that any item can be completely free of allergens. Please consult with your health care practitioner before consuming any food or drink.

Vegan menu

paninis:(ciabatta bread only)

Grilled Vegetable Panini (No Feta)
Tomato Mozzarella Panini (No Pesto, No Mozzarella)
Sub Seared Tofu & Balsamic Vinaigrette
Asian Chicken Crunch (No Chicken Skewer)
Sub Seared Tofu
Black Bean Burger (No Horseradish Honey Mustard)

sides:

Grilled Vegetables
Fruit Salad
Apples
Roasted Corn Nut Salad
Seared Tofu

salads:

Asian Salad (No Crispy Noodle)
Add Seared Tofu, Balsamic Vinaigrette
Mediterranean Salad (No Feta Cheese)
Sub Grilled Zucchini, Yellow Squash
Oriental Apricot Vinaigrette
Market Salad
Balsamic Vinaigrette, Seared Tofu
Lentil Soup (Gluten Free Too!!)

HOME MEAL REPLACEMENT

Fill your home or office fridge with Fresh To Order signature dressings, sauces & sides take us home we promise to get fresh!

Dressings: Pint: \$5 Quart:\$7.9

Balsamic Vinaigrette, Honey Mustard, Dijon Vinaigrette, Southwest Ranch, Raspberry Vinaigrette, Ginger Apricot Vinaigrette & Caesar

Sauces: Pint: \$5 Quart:\$8.9

Coconut Curry Sauce, Black Bean Orange Sauce, Thai Peanut Sauce, Citrus Orange Sauce, Balsamic Cabernet Sauce & Mushroom Cream Sauce

Sides: Pint: \$6.9 Quart:\$12.9

Corn Peanut Salad, Garlic Mashed, Sweet Mashed, Wheat Berry Rice, Mac & Cheese, Seasonal Pasta Salad, Seasonal Potato Salad, Seasonal Chicken Salad

Give the Freshness!
Order your Fresh To Order gift card today!

freshtoorder.com



10% Off Your 1st Catering Order

*Mention offer when placing your first order.
Minimum order: \$100 for lunch and dinner, \$60 for breakfast.
May not be combined with other offers.

