

panini sandwiches: Ciabatta or Whole Wheat Flat Bread

- (1/2 Panini with 1/2 Soup or 1/2 Salad available, 1/2 and 1/2 on Ciabatta Only)
- Smokey Southwest Chicken** (1/2 & 1/2: \$8.6) \$8.9
Spicy, Hand Pulled, Slow-Roasted, Chicken Breast, Two Cheeses, Crisp Tortillas, Lettuce, Southwest Ranch Dressing
 - Grilled Chicken BLT** \$8.9
Fire-Grilled Chicken, Avocado, Lettuce, Tomatoes, Sprouts, Bacon Aioli
 - House Turkey Club** (1/2 & 1/2: \$8.6) \$8.9
House Roasted Turkey, Two Cheeses, Lettuce, Tomato, Bacon Honey Mustard
 - Grilled Prime Steak*** \$9.9
Savory Tender Steak, Roasted Peppers, Blue Cheese Crumbles, Caramelized Onions, Baby Greens, Horseradish Aioli
 - Grilled Salmon*** \$9.8
Bourbon Marinated Salmon, Avocado, Lettuce, Corn Cilantro Relish, Tarragon Aioli
 - Grilled Vegetable** (1/2 & 1/2: \$8.6) \$7.9
Grilled Zucchini, Grilled Onions, Olive Salad, Baby Greens, Avocado, Grilled Squash, Feta Cheese, Balsamic Vinaigrette
 - Asian Chicken Crunch** (1/2 & 1/2: \$8.6) \$8.3
Almond Rosemary Crusted Chicken, Ginger Apricot Coleslaw, Avocado, Chili Peanut Aioli
 - Tomato Mozzarella** (1/2 & 1/2: \$8.6) \$8.3
Ovolini Mozzarella, Roasted Peppers, Basil, Tomatoes, Nut-Less Pesto, Balsamic Vinaigrette
 - Crispy Tenderloins of Chicken** (1/2 & 1/2: \$8.6) \$7.9
Crispy Ale-Laced Chicken, Lettuce, Two Cheeses, Honey Mustard
 - Waldorf Chicken Salad** (1/2 & 1/2: \$8.6) \$7.9
Fire Grilled Chicken, Apples, Grapes, Cranberries, Raisins, Candied Walnuts, House Pickled Onions, Blue Cheese Crumbles, Lettuce

panini trio: \$9.4

Select Your 1/2 Panini
 Smokey Southwest Chicken, Waldorf Chicken Salad, Asian Chicken Crunch, Grilled Vegetable, Crispy Tenderloins of Chicken, Tomato Mozzarella or House Turkey Club

Select a 1/2 Soup OR Side Salad
 Soups: Chicken Tortilla, Creamy Chicken Vegetable, Lentil (vegan, Gluten Free), Tomato Bisque (Gluten Free), Wild Mushroom
 Side Salads: Caesar, F20 Baby Green, House

Select Your Beverage
 Lemonades, Sweet Tea, Un-Sweet Tea, Daily Featured Flavors or a Fountain Beverage

outside the box burgers:

- Ciabatta or Whole Wheat Flat Bread
- Black Bean Burger** \$9.9
Black Beans, Rice, Avocado, House Pickled Jalapeños, Lettuce, Tomatoes, Corn Relish, Horseradish Aioli, Honey Mustard Sauce
 - Bison Burger*** \$10.9
Grilled Bison Beef Burger, Baby Field Greens, Blue Cheese Crumbles, BBQ, Horseradish Aioli
 - Tuna Burger*** \$9.9
Ginger Scallion Studded Tuna Burger, Asian Slaw, Baby Field Greens, Horseradish Aioli
 - Salmon Burger*** \$10.9
Salmon Burger, Baby Field Greens, Roasted Corn Relish, Pickled Jalapeños & Onions, Avocado, Horseradish Aioli

chef's small plates:	plate	plate & 1/2 soup or a side salad**
Ale Laced Chicken Tenders Honey Mustard & BBQ	\$5.5	\$7.5
Almond Crusted Seared Tuna* Asian Slaw, Dijon Vinaigrette	\$6.5	\$8.5
Coconut Curry Chicken Fresh Coconut Curry Sauce, Wheat Berry Rice, Roasted Corn Relish	\$7.5	\$9.5
Almond Chicken Skewers Peanut Chili Sauce, Asian Slaw	\$5.5	\$7.5
Grilled Salmon* Fresh Coconut Curry Sauce or Black Bean Orange Sauce, Roasted Corn Relish, Wheat Berry Rice	\$8.5	\$10.5
Blackened Lime Shrimp Asian Slaw, Ranch Dressing	\$6.5	\$8.5
Crispy Calamari Lemon Frites, Ginger Apricot Vinaigrette	\$6.5	\$8.5
Chicken Wild Mushroom Mushroom Cream Sauce, Garlic Mashed Potatoes	\$7.5	\$9.5
Seared Tofu ● Fresh Coconut Curry Sauce, Wheat Berry Rice, Roasted Corn Relish	\$5.5	\$7.5

****Select a 1/2 Soup OR Side Salad**

Soups: Tomato Bisque, Wild Mushroom, Lentil, Chicken Tortilla or Creamy Chicken Vegetable
 Side Salads: F20 Baby Green, House or Caesar

chef inspired soups:

- Made In-House Daily**
- 1/2 bowl: \$4.2 full bowl: \$5.1**
- Tomato Bisque (Gluten Free) ●
- Wild Mushroom
- Lentil (Vegan, Gluten Free) ●
- Chicken Tortilla
- Creamy Chicken Vegetable

sweet treats:

- Desserts: \$2.1**
- Fudge Brownie 27
- Cup Cake of the Day
- Fresh Baked Cookies

salads: 1/2 salad & 1/2 soup full salad

- Southwest** \$8.3 \$7.9
Mixed Greens, Tomatoes, Cheese, Roasted Corn, Golden Raisins, Tortilla Crisps, Southwest Ranch
- Market** \$8.3 \$7.9
Mixed Baby Greens, Mandarin Oranges, Candied Walnuts, Golden Raisins, Apples, Toasted Almonds, Balsamic Vinaigrette
- Caesar** \$8.3 \$7.9
Crisp Romaine Blend, Shaved Aged Parmesan, Herb Croutons, Caesar Dressing
- Spinach** \$8.3 \$7.9
Spinach, Seasonal Fruit, Strawberries, Toasted Almonds, Blue Cheese Crumbles, Cranberries, Raspberry Vinaigrette
- Asian** \$8.3 \$7.9
Mixed Baby Greens, Candied Walnuts, Tomatoes, Avocado, Sesame Seeds, Pickled Ginger, Mandarin Oranges, Szechuan Peanuts, Crispy Noodles, Dijon Vinaigrette
- Mediterranean** \$8.3 \$7.9
Mixed Greens, Feta Cheese, Tomatoes, Olive Salad, Grilled Onions, Toasted Almonds, Herbs, Red Grapes, Ginger Apricot Vinaigrette
- Club** \$8.3 \$7.9
Mixed Greens, Toasted Almonds, Bacon, Tomatoes, Cucumbers, Avocado, Cheese, Cranberries, Honey Mustard

soup & salad trio: \$9.4

Select Your 1/2 Salad
 All of our salads are available as a 1/2 sized portion. Please select from any of the salads above.

Select a 1/2 Soup
 Soups: Chicken Tortilla, Creamy Chicken Vegetable, Lentil (vegan, Gluten Free), Tomato Bisque (Gluten Free), Wild Mushroom

Select Your Beverage
 Lemonades, Sweet Tea, Un-Sweet Tea, Daily Featured Flavors or a Fountain Beverage

protein add ons for salad:

- Blackened Chicken Tenders \$2.7 Tender Crispy Calamari \$3.9
- Ale-Laced Chicken Tenders \$2.7 Grilled Salmon* \$4.1
- Seared Tofu \$2.7 Blackened Lime Shrimp \$4.9
- Fire-Grilled Chicken Breast \$2.7 Almond Crusted Tuna* \$4.9
- Almond Crusted Chicken Skewers \$3.0 Grilled Prime Steak* \$4.9

entrée long plates:

- Grilled Salmon*** (3/4 portion: \$11.9) \$14.3
Black Bean Orange Sauce, Baby Greens, Roasted Corn Relish, Wheat Berry Rice, Baby Greens
- Crispy Tenderloins Of Chicken** (3/4 portion: \$9.9) \$11.8
Crispy Ale-Laced Chicken, Garlic Mashed Potatoes, Honey Mustard & BBQ
- Almond Chicken Skewers** (3/4 portion: \$10.9) \$11.9
Almond-Rosemary Crust, Sweet Mashed Potatoes, Asian Slaw, Twin Sauces
- Coconut Curry Salmon*** (3/4 portion: \$11.9) \$14.3
Fresh Coconut Curry Sauce, Roasted Corn Relish, Wheat Berry Rice, Baby Greens
- Grilled Prime Steak Medallion*** \$14.9
Balsamic Cabernet Reduction, Garlic Jack Grit Cake, Baby Greens
- Fire-Grilled Chicken** \$11.5
Tender and Marinated, Wheat Berry Rice, Balsamic Cabernet Reduction, Baby Greens
- Calamari** \$11.5
Tender Calamari, Lemon Frites, Asian Slaw, Wheat Berry Rice, Ginger Apricot Vinaigrette
- Coconut Curry Chicken** \$11.5
Fresh Coconut Curry Sauce, Tender Fire Grilled Chicken, Roasted Corn Relish, Wheat Berry Rice, Baby Greens
- Chicken Wild Mushroom** \$13.6
Mushroom Cream Sauce, Garlic Mashed Potatoes, Roasted Mushrooms
- Wild Mushroom Prime Steak Medallion*** \$14.9
Mushroom Cream Sauce, Baby Greens, Garlic Mashed Potatoes, Roasted Mushrooms, Baby Greens

premium sides: \$3.9

- Garlic Mashed Potatoes
- Wheat Berry Rice
- Grilled Vegetables
- Fruit Salad
- Macaroni & Cheese
- Garlic Jack Grit Cake
- Roasted Corn Nut Salad
- Sweet Mashed Potatoes

kids: 12 & younger only please, served with choice of chips, apples or carrots. Premium sides available at an additional charge.

- Macaroni & Cheese \$4.5
- Chicken Tender Platter, Honey Mustard & BBQ \$4.5
- Kids Caesar Salad, Grilled Chicken \$4.5
- Grilled Chicken Breast, Baby Greens \$5.5
- Coconut Curry Chicken, Baby Greens \$5.5
- Seared Salmon*, Baby Greens \$6.5
- Grilled Steak*, Baby Greens \$6.5