

GF gluten free menu*

salads:

Asian (Request No Noodles)

Club

Market

Southwestern

Spinach

Mediterranean

dressings:

EVO & Aged Balsamic, Honey Mustard, Balsamic Vinaigrette, Ranch

soup:

Lentil Soup

(Vegan Too)

Tomato Bisque

proteins:

Tofu (Request No Dressing)

Un-Marinated Grilled Chicken Tenders

Un-Marinated Salmon

Un-Crusted Grilled Tuna Steak

entrees:

Salmon Entree

(Request No Sauce, No Seasoning)

Un-Marinated Grilled Chicken Breast

sides:

Garlic Mashed Potatoes Grilled Vegetables Sweet Mashed Potatoes

*Disclaimer: While we offer gluten-friendly menu options, we are not a gluten-free kitchen. Cross-contamination could occur and our restaurant is unable to guarantee that any item can be completely free of allergens. Please consult with your health care practitioner before consuming any food or drink.