

GF gluten free menu*

salads:

Asian (*Request No Noodles*)

Club

Market

Southwestern

Spinach

Mediterranean

dressings:

**EVO & Aged Balsamic, Honey Mustard,
Balsamic Vinaigrette, Ranch**

soup:

Lentil Soup

(Vegan Too)

Tomato Bisque

proteins:

Tofu (*Request No Dressing*)

Un-Marinated Grilled Chicken Tenders

Un-Marinated Salmon

Un-Crusted Grilled Tuna Steak

entrees:

Salmon Entree

(Request No Sauce, No Seasoning)

Un-Marinated Grilled Chicken Breast

sides:

Garlic Mashed Potatoes

Grilled Vegetables

Sweet Mashed Potatoes