

## SANDWICHES

All Sandwiches and Burgers come with chips or apple.  
Sub a premium side for \$3.5 or 1/2 Perfect-Bite Salad for \$4.5  
Super Green Salad for \$5.0

<b>Smokey Southwest Chicken Panini</b> Spicy Fire-Grilled Chicken, Two Cheeses, Crisp Tortillas, Baby Greens, Southwest Ranch Dressing	—	<b>FULL</b>	<b>\$11.9</b>
<b>Grilled Salmon Panini*</b> Salmon, Avocado, Baby Greens, Roasted Corn Relish,Tarragon Aioli	—		<b>\$14.9</b>
<b>Grilled Prime Steak Panini*</b> Savory Tender Steak, Roasted Peppers, Blue Cheese Crumbles, Caramelized Onions, Baby Greens, Horseradish Aioli	—		<b>\$13.9</b>
<b>Grilled Chicken BLT Panini</b> Fire-Grilled Chicken, Avocado, Candied Peppered Bacon, Baby Greens, Tomatoes, Sprouts, Bacon Aioli	—		<b>\$11.9</b>

**Finer Combination:**  
1/2 Panini PLUS Your Choice of ANY 1/2 Soup or ANY 1/2 Perfect Bite Salad. Super Green Salads add \$1.0

	<b>FINER COMBO</b>	<b>FULL</b>
<b>Asian Chicken Crunch Panini</b> Almond Rosemary Crusted Chicken, Asian Slaw, Avocado, Chili Peanut Aioli	<b>\$10.9</b>	<b>\$10.9</b>
<b>Tomato Mozzarella Panini (V) Or Vegan On Request)</b> Ovolini Mozzarella, Roasted Peppers, Roasted Tomatoes, Nut-less Basil Pesto, Balsamic Vinaigrette	<b>\$10.9</b>	<b>\$10.9</b>
<b>House Turkey Club Panini</b> House Roasted Turkey, Two Cheeses, Candied Peppered Bacon, Baby Greens, Tomato, Bacon Honey Mustard	<b>\$10.9</b>	<b>\$10.9</b>
<b>Ale-Laced Chicken Tender Panini</b> Original Or <b>Spicy</b> Ale-Laced Chicken Tenders, Baby Greens, Two Cheeses, Sauce	<b>\$10.9</b>	<b>\$10.9</b>
<b>Grilled Vegetable Panini (V) Or Vegan On Request)</b> Grilled Zucchini, Grilled Onions, Olive Tapenade, Avocado, Baby Greens, Grilled Squash, Feta, Balsamic Vinaigrette	<b>\$10.9</b>	<b>\$10.9</b>
<b>Salmon Hush Puppy Panini</b> Original or <b>Spicy</b> Salmon Hush Puppies, Baby Greens, Roasted Corn Relish, Horseradish-Honey Mustard Sauce	<b>\$10.9</b>	<b>\$10.9</b>

## BURGERS

<b>Black Bean Burger (V) Or Vegan On Request)</b> Black Beans, Rice, Avocado, House Pickled Jalapeños, Baby Greens, Tomatoes, Roasted Corn Relish, Horseradish-Honey Mustard Sauce	—	<b>\$12.9</b>
<b>Bison Burger*</b> Bison Beef Burger, Baby Greens, Blue Cheese Crumbles, BBQ, Horseradish Aioli	—	<b>\$14.9</b>
<b>Salmon Burger</b> Baby Greens, Roasted Corn Relish, Tomatoes, Pickled Jalapeños & Onions, Avocado, Horseradish-Honey Mustard Sauce	—	<b>\$13.9</b>
<b>Impossible Burger (V) Or Vegan On Request)</b> Jalapeño Pimento Cheese, BBQ Sauce, Roasted Tomatoes, Avocado, House Pickled Onions, Baby Greens, Alfalfa Sprouts, Bacon Aioli	—	<b>\$14.9</b>
<b>Butcher Blend Beef Burger*</b> Jalapeño Pimento Cheese, BBQ Sauce, Tomatoes, Baby Greens, Bacon Aioli	—	<b>\$13.9</b>

## PLATES

**Finer Combination:**  
Add any 1/2 Soup or 1/2 Salad for \$4.50 or Super Green Salad for \$5.0

<b>Grilled Salmon*</b> Fresh Coconut Curry Sauce <b>OR</b> Black Bean Orange Sauce, Roasted Corn Relish, Indian Harvest Rice, Baby Greens	<b>\$19.9</b>
<b>Ale-Laced Chicken Tenders</b> Crispy Ale-Laced Chicken Tenders, Original or <b>Spicy</b> Garlic Mashed Potatoes, Honey Mustard, BBQ or Ranch	<b>\$15.9</b>
<b>Almond Chicken Skewers</b> Almond-Rosemary Crusted Chicken, Sweet Mashed Potatoes, Asian Slaw, Orange Glaze or Peanut Sauce	<b>\$15.9</b>
<b>Fire-Grilled Chicken</b> Cabernet Reduction <b>OR</b> Mushroom Cream Sauce <b>OR</b> Coconut Curry Sauce, Indian Harvest Rice, Baby Greens	<b>\$15.9</b>
<b>Calamari</b> Crispy Tender Calamari, Lemon Frites, Asian Slaw, Indian Harvest Rice, Ginger-Apricot Vinaigrette	<b>\$17.9</b>
<b>Salmon Hush Puppies</b> Asian Slaw, Horseradish-Honey Mustard, Garlic Mashed Potatoes	<b>\$13.9</b>
<b>Prime Steak Medallion*</b> Balsamic Cabernet Reduction <b>OR</b> Mushroom Cream Sauce, Garlic Mashed Potatoes, Baby Greens	<b>\$18.9</b>

## SIDES \$5.5

**NEW** Indian Harvest Rice (GF, V)  
**NEW** Roasted Vegetables (GF, V)  
**NEW** French Fries (V, Vegan)  
Sweet Mashed Potatoes (GF, V)  
Fruit Salad (GF, V, Vegan)

Macaroni & Cheese (V)  
Garlic Jack Grit Cake  
Garlic Mashed Potatoes (GF, V)  
Mediterranean Quinoa (V)

## F2O QUINOA RICE BOWLS

All Quinoa Rice Bowls served with base of Rice and Quinoa Blend, Base Vegetable Mixture of Broccoli, Sweet Potato and Roasted Red Pepper

<b>NEW Southwestern Quinoa Rice Bowl</b> Roasted Corn Relish, Tomatoes, Black Beans, Scallions, Grilled Red Onions, Tortilla Crisps, Avocado, Drizzled with Southwestern Ranch <i>Suggested Add On: Blackened Chicken Tenders</i>	<b>\$12.9</b>
<b>NEW Asian Quinoa Rice Bowl</b> Tomatoes, Pickled Ginger, Edamame, Scallions, Cucumbers, Szechuan Peanuts, Crispy Noodles, Avocado, Sesame Seeds, Drizzled with Peanut Sauce <i>Suggested Add On: Almond Crusted Tuna*</i>	<b>\$12.9</b>
<b>NEW Mediterranean Quinoa Rice Bowl</b> Feta Cheese, Grilled Red Onions, Olive Tapenade, Toasted Almonds, Tomatoes, Cucumbers, Beets, Curried Cauliflower, Herbs, Drizzled with Balsamic Vinaigrette and House Made Tzatziki <i>Suggested Add On: Grilled Salmon*</i>	<b>\$12.9</b>

## SALADS - PERFECT BITE™

**Finer Combination:** ANY 1/2 Salad PLUS your choice of ANY 1/2 Soup OR Grilled Chicken Topping

	<b>FINER COMBO</b>	<b>FULL SALAD</b>
<b>Super Greens Mediterranean</b> Feta Cheese, Olive Tapenade, Grilled Onions, Toasted Almonds, Red Grapes, Quinoa, Beets, Curried Cauliflower <i>Suggested Dressing: Strawberry Balsamic Vinaigrette</i> <i>Suggested Add On: Crispy Tender Calamari</i>	<b>\$11.5</b>	<b>\$10.9</b>
<b>Super Greens Asian</b> Edamame, Pickled Ginger, Avocado, Szechuan Peanuts, Beets, Sesame Seeds, Quinoa, Curried Cauliflower <i>Suggested Dressing: Dijon Vinaigrette</i> <i>Suggested Add On: Almond Crusted Tuna*</i>	<b>\$11.5</b>	<b>\$10.9</b>
<b>Asian</b> Mixed Baby Greens, Mandarin Oranges, Candied Walnuts, Tomatoes, Avocado, Sesame Seeds, Pickled Ginger, Szechuan Peanuts, Crispy Noodles <i>Suggested Dressing: Dijon Vinaigrette</i> <i>Suggested Add On: Almond Crusted Tuna*</i>	<b>\$11.5</b>	<b>\$10.9</b>
<b>Market</b> Mixed Baby Greens, Mandarin Oranges, Candied Walnuts, Cranberries, Golden Raisins, Apples, Toasted Almonds <i>Suggested Dressing: Balsamic Vinaigrette</i> <i>Suggested Add On: Blackened Lime Shrimp</i>	<b>\$11.5</b>	<b>\$10.9</b>
<b>Club</b> Mixed Greens, Toasted Almonds, Bacon, Tomatoes, Cucumbers, Avocado, Cheese, Cranberries, Golden Raisins <i>Suggested Dressing: Honey Mustard</i> <i>Suggested Add On: Ale-Laced Chicken Tenders</i>	<b>\$11.5</b>	<b>\$10.9</b>
<b>Southwest</b> Mixed Greens, Tomatoes, Cheese, Fresh Roasted Corn, Cranberries, Golden Raisins, Black Beans, Tortilla Crisps <i>Suggested Dressing: Southwest Ranch</i> <i>Suggested Add On: Salmon Hush Puppies (3)</i>	<b>\$11.5</b>	<b>\$10.9</b>
<b>Spinach</b> Spinach, Seasonal Fruit, Strawberries, Toasted Almonds, Blue Cheese Crumbles, Cranberries <i>Suggested Dressing: Raspberry Vinaigrette</i> <i>Suggested Add On: Grilled Prime Steak*</i>	<b>\$10.9</b>	<b>\$9.9</b>
<b>Mediterranean</b> Mixed Greens, Feta Cheese, Tomatoes, Olive Tapenade, Grilled Onions, Toasted Almonds, Red Grapes, Fresh Herbs <i>Suggested Dressing: Ginger-Apricot Vinaigrette</i> <i>Suggested Add On: Crispy Tender Calamari</i>	<b>\$10.9</b>	<b>\$9.9</b>
<b>F2O Fig Salad</b> Mixed Baby Greens, Golden Raisins, Dried Figs, Candied Walnuts, Blue Cheese Crumbles <i>Suggested Dressing: Balsamic Vinaigrette</i> <i>Suggested Add On: Ale-Laced Chicken Tenders</i>	<b>\$10.9</b>	<b>\$9.9</b>
<b>Caesar</b> Crisp Romaine Blend, Aged Parmesan, Herb Croutons <i>Suggested Dressing: Caesar Dressing</i> <i>Suggested Add On: Blackened Chicken Tenders</i>	<b>\$10.9</b>	<b>\$9.9</b>

**Dressings**  
Balsamic Vinaigrette(GF), Honey Mustard(GF), Ginger-Apricot Vinaigrette, EVOO & Aged Balsamic(GF), Raspberry Vinaigrette, Southwest Ranch, Dijon Vinaigrette, Ranch(GF), Caesar, Strawberry Balsamic Vinaigrette(GF)

## PROTEIN FOR SALADS

Blackened Chicken Tenders	<b>\$3.9</b>	Crispy Tender Calamari	<b>\$5.9</b>
Ale-Laced Chicken Tenders	<b>\$3.9</b>	Grilled Salmon*	<b>\$5.9</b>
Seared Tofu	<b>\$3.9</b>	Blackened Lime Shrimp	<b>\$5.9</b>
Fire-Grilled Chicken	<b>\$3.9</b>	Almond Crusted Tuna*	<b>\$5.9</b>
Almond Chicken Skewers	<b>\$3.9</b>	Grilled Prime Steak*	<b>\$5.9</b>
Spicy Ale Laced Chicken Tenders	<b>\$3.9</b>	Salmon Hush Puppies	<b>\$3.5</b>

## SOUPS

**1/2 BOWL:\$5.9 FULL BOWL: \$6.9 QUART: \$18.0**

Tomato Bisque (GF, V)	Wild Mushroom (V)
Chicken Tortilla (Dairy Free)	Lentil (Vegan, GF, Dairy Free)